



**Most  
intrinsic**



**Most  
extrinsic**



Here are some reasons to volunteer, which we have taken from material produced by a range of different charities. Are you able to add some other reasons to this list (perhaps ones your own charity uses)? **Can you plot these in the space above, with the most intrinsic on the left and the most extrinsic on the right?**

- |  |  |          |
|--|--|----------|
| 1. Free ticket to "hottest gig in music calendar"      | 10. "Learn new skills"                           | 19. .... |
| 2. Making new friends                                  | 11. "Build your confidence"                      | 20. .... |
| 3. "Boost your CV"                                     | 12. "Expand your horizons"                       | 21. .... |
| 4. "Meet people"                                       | 13. Open up "opportunities for others"           | 22. .... |
| 5. "Get retail experience"                             | 14. "Get fit"                                    | 23. .... |
| 6. Helping advance the charity's cause                 | 15. "Get an NVQ qualification"                   | 24. .... |
| 7. Your "own campsite" at a festival                   | 16. "Have fun"                                   | 25. .... |
| 8. "Great community of volunteers"                     | 17. "Mingle with people from your own community" |          |
| 9. "An opportunity to see the other side of festivals" | 18. "Do something positive for your community"   |          |